[Studios]	Name & Address of Studio	BDC PILATES Omotesando	
		A Studio: 5-7-17 Aoyama Ohara Bldg. 8F Minami-Aoyama Minato-ku Tokyo, Japan B Studio: 4-9-1 AK Bldg. 201 Jingumae Shibuya-ku Tokyo, Japan	
	Business Hours	Mon-Fri 10:00 – 20:00	
		Sat & Sun	10:00 - 17:00
[Courses]	Names of Courses	Group Course	Private Course
	Enrollment Fee	JPY 10,000 (11,000 w/tax)	
	Registration Fee	JPY 2,000 (2,200 w/tax)	
	Monthly Membership Fee	JPY 14,000 (15,400 w/tax)	JPY 9,000 (9,900 w/tax)
	Lesson(s) per Month	Group Lesson 4	Private Lesson 1
	Length of Lesson	55 min 40 min (Barre Work classes only)	60 min
	Capacity per Lesson	8 people (A Studio) / 6 people (B Studio)	1 person
[Additional Lesson]	Additional Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
(Trial Lesson)	Trial Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
[Periods Required for Various Procedures]	Reservation	A month before the lesson date through the lesson start time	A month before the lesson date through 8pm the day before the lesson
	Cancellation period	Before 8 pm the day prior to the lesson	
	Maximum Number or Lessons Reserved	Up to 4 Lessons at any give time	
	Period Required for Course Change	Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th)	
	Period Required for Suspension of Membership	Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th )	
	Period Required for Termination of Membership	Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st)	

[Studios]	Name & Address of Studio	BDC PILATES Kichijoji	
		2−2−14 HN BLDG. 3F 4F Honcho Kichijoji Musashino−shi Tokyo, Japan	
		Mon-Fri 10:00 - 20:00	
	Business Hours	Sat & Sun 10:00 - 17:00	
[Courses]	Names of Courses	Group Course	Private Course
	Enrollment Fee	JPY 10,000 (11,000 w/tax)	
	Registration Fee	JPY 2,000 (2,200 w/tax)	
	Monthly Membership Fee	JPY 10,500 (11,550 w/tax)	JPY 9,000 (9,900 w/tax)
	Lesson(s) per Month	Group Lesson 3	Private Lesson 1
	Length of Lesson	55 min 40 min (Barre Work classes only)	60 min
	Capacity per Lesson	8 people (A Studio) / 8 people (B Studio) 10 people (Barre Studio)	1 person
[Additional Lesson]	Additional Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
(Trial Lesson)	Trial Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
[Periods Required for Various Procedures]	Reservation	A month before the lesson date through the lesson start time	A month before the lesson date through 8pm the day before the lesson
	Cancellation period	Before 8 pm the day prior to the lesson	
	Maximum Number or Lessons Reserved	Up to 3 Lessons at any give time	
	Period Required for Course Change	Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th)	
	Period Required for Suspension of Membership	Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th )	
	Period Required for Termination of Membership	Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st)	

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[Studios]	Name & Address of Studio	BDC PILATES Ebis	
		1–20–4 Sreed EBISU B1F Ebisu Shibuya–ku Tokyo, Japan	
		Mon-Fri 10:00 - 20:00	
	Business Hours	Sat & Sun 10:00 - 17:00	
[Courses]	Names of Courses	Group Course	Private Course
	Enrollment Fee	JPY 10,000 (11,000 w/tax)	
	Registration Fee	JPY 2,000 (2,200 w/tax)	
	Monthly Membership Fee	JPY 14,000 (15,400 w/tax)	JPY 9,000 (9,900 w/tax)
	Lesson(s) per Month	Group Lesson 4	Private Lesson 1
	Length of Lesson	55 min 40 min (Barre Work classes only)	60 min
	Capacity per Lesson	8 people	1 person
[Additional Lesson]	Additional Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
(Trial Lesson)	Trial Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
[Periods Required for Various Procedures]	Reservation	A month before the lesson date through the lesson start time	A month before the lesson date through 8pm the day before the lesson
	Cancellation period	Before 8 pm the day prior to the lesson	
	Maximum Number or Lessons Reserved	Up to 4 Lessons at any give time	
	Period Required for Course Change	Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th)	
	Period Required for Suspension of Membership	Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th )	
	Period Required for Termination of Membership	Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st)	

[Studios]	Name & Address of Studio	BDC PILATES Futakotamagawa		
		3-6-1 No.6 Meiyu Bldg. 6F Tamagawa Setagaya-ku Tokyo, Japan		
	Business Hours	Mon-Fri 10:00 - 20:00		
	Business nours	Sat & Sun 10:00 - 17:00		
[Courses]	Names of Courses	Group Course	Private Course	
	Enrollment Fee	JPY 10,000 (11,000 w/tax)		
	Registration Fee	JPY 2,000 (	(2,200 w/tax)	
	Monthly Membership Fee	JPY 10,500 (11,550 w/tax)	JPY 9,000 (9,900 w/tax)	
	Lesson(s) per Month	Group Lesson 3	Private Lesson 1	
	Length of Lesson	55 min	60 min	
	Capacity per Lesson	8 people	1 person	
[Additional Lesson]	Additional Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)	
(Trial Lesson)	Trial Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)	
[Periods Required for Various Procedures]	Reservation	A month before the lesson date through the lesson start time	A month before the lesson date through 8pm the day before the lesson	
	Cancellation period	Before 8 pm the day prior to the lesson		
	Maximum Number or Lessons Reserved	Up to 3 Lessons at any give time		
	Period Required for Course Change	Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th)		
	Period Required for Suspension of Membership	Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th )		
	Period Required for Termination of Membership	Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st)		

(Studios)		BDC PILATES Ginza	
	Name & Address of Studio	(From June 1) 4-2-1 Ginza Kyokaido Building 7F Ginza Chuo-ku Tokyo, Japan	
		(Until May 31) 3-5-7 Matsuzawa Building 3F Ginza Chuo-ku Tokyo, Japan	
		Mon-Fri 10:00 - 20:00	
	Business Hours	Sat & Sun 10:00 - 17:00	
[Courses]	Names of Courses	Group Course	Private Course
	Enrollment Fee	JPY 10,000 (11,000 w/tax)	
	Registration Fee	JPY 2,000 (2,200 w/tax)	
	Monthly Membership Fee	JPY 14,000 (15,400 w/tax)	JPY 9,000 (9,900 w/tax)
	Lesson(s) per Month	Group Lesson 4	Private Lesson 1
	Length of Lesson	55 min 40 min (Barre Work classes only)	60 min
	Capacity per Lesson	8 people / 7 people (Barre Work)	1 person
[Additional Lesson]	Additional Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
(Trial Lesson)	Trial Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
[Periods Required for Various Procedures]	Reservation	A month before the lesson date through the lesson start time	A month before the lesson date through 8pm the day before the lesson
	Cancellation period	Before 8 pm the day prior to the lesson	
	Maximum Number or Lessons Reserved	Up to 4 Lessons at any give time	
	Period Required for Course Change	Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th)	
	Period Required for Suspension of Membership	Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th )	
	Period Required for Termination of Membership	Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st)	

[Studios]	Name & Address of Studio	BDC PILATES Ginza Namikidori	
		1-4-5 GINZA URBAN 21 8,9F Ginza, Chuo-ku Tokyo Tokyo, Japan	
		Mon-Fri 10:00 – 20:00	
	Business Hours	Sat & Sun 10:00 - 17:00	
[Courses]	Names of Courses	Group Course	Private Course
	Enrollment Fee	JPY 10,000 (11,000 w/tax)	
	Registration Fee	JPY 2,000 (2,200 w/tax)	
	Monthly Membership Fee	JPY 14,000 (15,400 w/tax)	JPY 9,000 (9,900 w/tax)
	Lesson(s) per Month	Group Lesson 4	Private Lesson 1
	Length of Lesson	55 min	60 min
	Capacity per Lesson	8 people	1 person
[Additional Lesson]	Additional Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
(Trial Lesson)	Trial Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
[Periods Required for Various Procedures]	Reservation	A month before the lesson date through the lesson start time	A month before the lesson date through 8pm the day before the lesson
	Cancellation period	Before 8 pm the day prior to the lesson	
	Maximum Number or Lessons Reserved	Up to 4 Lessons at any give time	
	Period Required for Course Change	Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th)	
	Period Required for Suspension of Membership	Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th )	
	Period Required for Termination of Membership	Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st)	

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[Studios]	Name & Address of Studio	BDC PILATES Ikebukuro	
		1-22-2 FLC building 4F Minamiikebukuro, Toshima-ku Tokyo Tokyo, Japan	
		Mon-Fri 10:00 - 20:00	
	Business Hours	Sat & Sun	10:00 - 17:00
[Courses]	Names of Courses	Group Course	Private Course
	Enrollment Fee	JPY 10,000 (11,000 w/tax)	
	Registration Fee	JPY 2,000 (2,200 w/tax)	
	Monthly Membership Fee	JPY 10,500 (11,550 w/tax)	JPY 9,000 (9,900 w/tax)
	Lesson(s) per Month	Group Lesson 3	Private Lesson 1
	Length of Lesson	55 min 40 min (Barre Work classes only)	60 min
	Capacity per Lesson	8 people / 7 people (Barre Work)	1 person
[Additional Lesson]	Additional Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
(Trial Lesson)	Trial Lesson Fee	Group Lesson JPY 3,500 (3,850 w/tax)	Private Lesson JPY 9,000 (9,900 w/tax)
(Periods Required for Various Procedures)	Reservation	A month before the lesson date through the lesson start time	A month before the lesson date through 8pm the day before the lesson
	Cancellation period	Before 8 pm the day prior to the lesson	
	Maximum Number or Lessons Reserved	Up to 3 Lessons at any give time	
	Period Required for Course Change	Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th)	
	Period Required for Suspension of Membership	Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th )	
	Period Required for Termination of Membership	Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st)	