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|----------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|--|
| (Studios) | | BDC PILATES Omotesando | | |
| | Name & Address of Studio | A Studio: 5-7-17 Aoyama Ohara Bldg. 8F Minami-Aoyama Minato-ku Tokyo, Japan B Studio: 4-9-1 AK Bldg. 201 Jingumae Shibuya-ku Tokyo, Japan | | |
| | | Mon-Fri 10:00 - 20:00 | | |
| | Business Hours | Sat & Sun 10:00 - 17:00 | | |
| [Courses] | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY 11,000 (incl. tax) | | |
| | Registration Fee | JPY 2,200 (incl. tax) | | |
| | Monthly Membership Fee | JPY 15,400 (incl. tax) / JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax | |
| | Lesson(s) per Month | Group Lesson 4 / 6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min 40 min (Barre Work classes only) 60 min | | |
| | Capacity per Lesson | 8 people (A Studio) / 6 people (B Studio) | 1 person | |
| | Monthly Facility Maintenance Fee | JPY 770 (incl. tax) | | |
| (Additional Lesson) | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/t | | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w | | |
| (Periods Required for Various Procedures) | Reservation | A month before the lesson date through the lesson start time | A month before the lesson date through 8pm the day before the lesso | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 4 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |
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| (Studios) | Name & Address of Studio | BDC PILATES Kichijoji | | |
|----------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--|
| | | 2-2-14 HN BLDG. 3F 4F Honcho Kichijoji Musashino-shi Tokyo, Japan | | |
| | Business Hours | Mon-Fri 10:00 - 20:00 | | |
| | | Sat & Sun 10:00 | - 17:00 | |
| [Courses] | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY 11,000 (incl. tax) | | |
| | Registration Fee | JPY 2,200 | (incl. tax) | |
| | Monthly Membership Fee | JPY 11,550 (incl. tax) / JPY 15,400 (incl. tax) JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax) | |
| | Lesson(s) per Month | Group Lesson 3 / 4 6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min 40 min (Barre Work classes only) | 60 min | |
| | Capacity per Lesson | 8 people (A Studio) / 8 people (B Studio) 10 people (Barre Studio) 1 person | | |
| | Monthly Facility Maintenance Fee | JPY 770 (incl. tax) | | |
| (Additional Lesson) | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) | Private Lesson JPY 9,000 (9,900 w/tax) | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/tax) | | |
| (Periods Required for Various Procedures) | Reservation | A month before the lesson date through the lesson start time | A month before the lesson date through 8pm the day before the lesson | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 3 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |

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|----------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--|
| (Studios) | Name & Address of Studio | BDC PILATES Ebis | | |
| | name a hadroos or occurre | 1-20-4 Sreed EBISU B1F Ebisu Shibuya-ku Tokyo, Japan | | |
| | Business Hours | Mon-Fri 10:00 - 20:00 | | |
| | | Sat & Sun 10:00 – 17:00 | | |
| (Courses) | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY 11,000 (incl. tax) | | |
| | Registration Fee | JPY 2,200 (incl. tax) | | |
| | Monthly Membership Fee | JPY 15,400 (incl. tax) / JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax) | |
| | Lesson(s) per Month | Group Lesson 4 / 6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min 40 min (Barre Work classes only) | 60 min | |
| | Capacity per Lesson | 8 people 1 person | | |
| | Monthly Facility Maintenance Fee | ce Fee JPY 770 (incl. tax) | | |
| (Additional Lesson) | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/ta | | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/tax) | | |
| [Periods Required for Various Procedures] | Reservation | A month before the lesson date through the lesson start time | A month before the lesson date through 8pm the day before the lesson | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 4 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |

| (Studios) | Name & Address of Studio | BDC PILATES Futakotamagawa | | |
|----------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|--|
| | | 3-6-1 No.6 Meiyu Bldg. 6F | Tamagawa Setagaya-ku Tokyo, Japan | |
| | Business Hours | Mon-Fri 10:00 – 20:00 | | |
| | Dustriess flours | Sat & Sun 10:00 - 17:00 | | |
| [Courses] | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY ⁻ | 11,000 (incl. tax) | |
| | Registration Fee | JPY | 2,200 (incl. tax) | |
| | Monthly Membership Fee | JPY 11,550 (incl. tax) / JPY 15,400 (incl. tax) JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax) | |
| | Lesson(s) per Month | Group Lesson 3 / 4 6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min | 60 min | |
| | Capacity per Lesson 8 | | 1 person | |
| | Monthly Facility Maintenance Fee | Fee JPY 770 (incl. tax) | | |
| [Additional Lesson] | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) | Private Lesson JPY 9,000 (9,900 w/tax) | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/tax) | | |
| [Periods Required for Various Procedures] | Reservation | A month before the lesson date through the lesson start time through 8pm the day before the lesson | | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 3 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |

| (Studios) | Name & Address of Studio | BDC PILATES Ginza | | |
|----------------------------------------------|--------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--|
| | | 4-2-1 Ginza Kyokaido Building 7F Ginza Chuo-ku Tokyo, Japan | | |
| | Business Hours | Mon-Fri 10:00 - 20:00 | | |
| | | Sat & Sun 10:00 - 17:00 | | |
| (Courses) | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY 11,000 (incl. tax) | | |
| | Registration Fee | JPY 2,200 (incl. tax) | | |
| | Monthly Membership Fee | JPY 15,400 (incl. tax) / JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax) | |
| | Lesson(s) per Month | Group Lesson 4 / 6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min 40 min (Barre Work classes only) 60 min | | |
| | Capacity per Lesson | 8 people / 7 people (Barre Work) | 1 person | |
| | Monthly Facility Maintenance Fee | y Facility Maintenance Fee JPY 770 (incl. tax) | | |
| (Additional Lesson) | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/tax) | | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/tax) | | |
| [Periods Required for Various Procedures] | Reservation | A month before the lesson date through the lesson start time | A month before the lesson date through 8pm the day before the lesson | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 4 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |

| (Studios) | Name & Address of Studio | BDC PILATES Ginza Namikidori | | |
|----------------------------------------------|-----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|--|
| | | 1-4-5 GINZA URBAN 21 8,9F Ginza, Chuo-ku Tokyo Tokyo, Japan | | |
| | Business Hours | Mon-Fri 10:00 – 20:00 | | |
| | | Sat & Sun 10:00 - 17:00 | | |
| [Courses] | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY 11,000 (incl. tax) | | |
| | Registration Fee | JPY 2,200 (incl. tax) | | |
| | Monthly Membership Fee | JPY 15,400 (incl. tax) / JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax) | |
| | Lesson(s) per Month | Group Lesson 4 / 6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min | 60 min | |
| | Capacity per Lesson | 8 people 1 person | | |
| | Monthly Facility Maintenance Fee | JPY 770 (incl. tax) | | |
| (Additional Lesson) | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/ | | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/ta | | |
| (Periods Required for Various Procedures) | Reservation | A month before the lesson date through the lesson start time A month before the les through 8pm the day before | | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 4 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |

| (Studios) | Name & Address of Studio | BDC PILATES Ikebukuro | | |
|------------------------------------------|--------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--|
| | Name & Address of Cladio | 1-22-2 FLC building 4F Minamiikebukuro, Toshima-ku Tokyo Tokyo, Japan | | |
| | Business Hours | Mon-Fri 10:00 – 20:00 Sat & Sun 10:00 – 17:00 | | |
| | | | | |
| (Courses) | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY 11,000 (incl. tax) | | |
| | Registration Fee | JP | Y 2,200 (incl. tax) | |
| | Monthly Membership Fee | JPY 11,550 (incl. tax) / JPY 15,400 (incl. tax) JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax) | |
| | Lesson(s) per Month | Group Lesson 3 / 4 6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min 40 min (Barre Work classes only) | 60 min | |
| | Capacity per Lesson | 8 people / 7 people (Barre Work) | 1 person | |
| | Monthly Facility Maintenance Fee | JP | Y 770 (incl. tax) | |
| (Additional Lesson) | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) | Private Lesson JPY 9,000 (9,900 w/tax) | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) | Private Lesson JPY 9,000 (9,900 w/tax) | |
| [Periods Required for arious Procedures] | Reservation | A month before the lesson date through the lesson start time | A month before the lesson date through 8pm the day before the lesson | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 3 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |

| (Studios) | Name & Address of Studio | BDC PILATES Oomiya | | |
|----------------------------------------------|--------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|--|
| | | 1-24 GS building 2F Miyatyou | , Oomiya-ku, Saitama-shi, Saitama, Japan | |
| | Business Hours | Mon-Fri | 10:00 - 20:00 | |
| | Sacrifico Fiscaro | Sat & Su | n 10:00 - 17:00 | |
| (Courses) | Names of Courses | Group Course | Private Course | |
| | Enrollment Fee | JPY 11,000 (incl. tax) | | |
| | Registration Fee | JP | Y 2,200 (incl. tax) | |
| | Monthly Membership Fee | JPY 15,400 (incl. tax) JPY 21,945 (incl. tax) / JPY 27,720 (incl. tax) | JPY 9,900 (incl. tax) / JPY 18,810 (incl. tax) | |
| | Lesson(s) per Month | Group Lesson 4 /6 / 8 | Private Lesson 1 / 2 | |
| | Length of Lesson | 55 min 40 min (Barre Work classes only) | 60 min | |
| | Capacity per Lesson | 8 people / 7 people (Barre Work) | 1 person | |
| | Monthly Facility Maintenance Fee | JF | Y 770 (incl. tax) | |
| [Additional Lesson] | Additional Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) | Private Lesson JPY 9,000 (9,900 w/tax) | |
| (Trial Lesson) | Trial Lesson Fee | Group Lesson JPY 3,500 (3,850 w/tax) Private Lesson JPY 9,000 (9,900 w/tax) | | |
| [Periods Required for Various Procedures] | Reservation | A month before the lesson date through the lesson start time | A month before the lesson date through 8pm the day before the lesson | |
| | Cancellation period | Before 8 pm the day prior to the lesson | | |
| | Maximum Number or Lessons Reserved | Up to 3 Lessons at any give time | | |
| | Period Required for Course Change | Notify before the 20th of the prior month (Ex. To change the course from December 1, application is required before November 20th) | | |
| | Period Required for Suspension of Membership | Must sign the form by the last day of the month prior to the desired end date (Ex. To suspend on December 31st, you must submit your request by November 30th) | | |
| | Period Required for Termination of Membership | Must sign the form by the last day of the second month prior to the desired end date (Ex. To terminate on December 31st, you must submit your request by October 31st) | | |